

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC1218

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC1218: SPORTS SPECIALITY MODULE - BASKETBALL

MAY 2012

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) Describe the history and development of basketball [10 marks]
- b) Outline the challenges faced by basketball in Zimbabwe [15 marks]
2. a) Using the basketball skills set shot, jump shot and chest pass, distinguish between closed and open skills. Justify your answer. [10 marks]
- b) Describe the coaching points for the following basketball skills:
Rebound, lay-up shot and chest pass. [15 marks]
3. Describe in detail the steps you would follow in introducing the jump shot to a group of novice basketball players in a 2-hour session. [25 marks]
4. a) Outline the common faults one would anticipate when teaching beginners the set shot, the bounce pass and the dribble. [10 marks]
- b) Explain the following infringements in basketball:-
Double dribble, travelling, back-court [15 marks]
5. a) Detail the three major stages of sports skill acquisition. [10 marks]
- b) Explain the implications of each stage for the coach/teacher and student/athlete. [15 marks]

6. Propose an explanation for the following faults in technique in basketball shooting:-

- a) a right handed player consistently directs the ball to the right side rim in attempting a set shot.
- b) a player's attempt at a square-on jump shot hits the backboard and is rebounded back into play most of the time

END OF EXAMINATION