

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC1218

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE SUPPLEMENTARY EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC1218: SPORTS SPECIALITY MODULE - BASKETBALL

AUGUST 2012

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1.
 - a) Explain the major objective in basketball. (5 marks)
 - b) Explain how the following skills assist in the achievement of the major objective in basketball: passing, dribbling and rebounding. (15 marks)
 - c) Rank the skills of basketball in order of importance, justifying your ranking. (10 marks)
2. Basketball faces numerous challenges in Zimbabwe. Present five of such major challenges and suggest ways of overcoming them. (25 marks)
3.
 - a) Netball and basketball have many similarities. Explain the origin of these similarities from the historical development of basketball. (15 marks)
 - b) Describe major changes that have occurred in basketball since its development by James Naismith in 1895. (10 marks)
4.
 - a) Design and present an analysis sheet one can use to evaluate jump-shooting in basketball. (10 marks).
 - b) How can data collected using this sheet be used to improve jump shooting in basketball? (15 marks)
5. Present and justify a sequence of activities that can be done in one week to train a provincial basketball team in preparation for a week-long tournament. (25 marks)
6. Give a scenario in basketball that demonstrates each of the following rules:-
 - a) 3-second rule.
 - b) back-court.
 - c) dead ball.
 - d) jump ball.
 - e) time-out.

END OF EXAMINATION