

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC1221

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC1221: THEORY AND METHODOLOGY OF PHYSICAL EDUCATION

MAY 2012

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) In Zimbabwe the Ministry of Education Sports and Culture is responsible for the teaching and development of sports. Use an organo gram to show the complete structure of sports in Zimbabwe. [15marks]
- b) The Zimbabwe “Warriors” Soccer scandal involving countries of Asia, was a breach of the values of Olympism. Explain the values of Olympism. [10marks]
2. Comment on the Nziramasanga Commission’s report on the state of Physical Education and Sport in Zimbabwe in relation to the current Sports policy of Zimbabwe under the following subheadings:-
 - i) Findings. [12marks]
 - ii) Recommendations. [13marks]
3. Discuss five considerations that should be made by an effective Physical Education Teacher before teaching a Physical Education lesson. [25marks]
4. Design a 15-minute physical education lesson plan on any topic in your speciality module for a grade five class. [25marks]
5. Discuss five characteristics of a good Physical Education Teacher. [25marks]

6. As a Physical Education Teacher you have been asked to teach a Special Needs class, from your knowledge of Adapted Physical Education explain the considerations you would make for this class? [25marks]

END OF EXAMINATION