

# NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC1221

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE SUPPLEMENTARY EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

## **THEORY: SSC1221: THEORY AND METHODOLOGY OF PHYSICAL EDUCATION**

AUGUST 2012

3 HOURS (100 MARKS)

### **INSTRUCTIONS**

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. Describe the nature of the activities taught in Ancient Greek Physical Education. (25marks)
2. Explain the main aims of Physical Education in Zimbabwe at the following levels:
  - i) Zero grade/Pre-school. (5marks)
  - ii) Primary school. (5 marks)
  - ii) Secondary School. (5marks)
  - iv) High School. (5marks)
  - v) University and Colleges. (5marks)
3. Discuss the main historical Problems that hindered progress in the development of Physical Education and Sport in Zimbabwe. (25marks)
4. Compare and contrast the 1999 Nziramasanga Commission findings on the teaching of Physical Education and Sports Sponsorship with the Zimbabwe National Sports Policy of 2004 on the same issues. (25marks)
5. Critically analyse the extent to which the recommendations of the Nziramasanga Commission Report 1999 on Sports and Physical Education are addressed by the 2004 Zimbabwe Sports Policy. (25marks)
6.
  - a) Outline Mosston's four assertions based on his spectrum of teaching styles.( 10marks)
  - b) Clearly explain Mosston's three main stages of decision making, involved in physical education teaching process. (15marks)

**END OF EXAMINATION**