

# NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC2207

FACULTY OF APPLIED SCIENCES  
BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS  
DEPARTMENT OF SPORTS SCIENCE AND COACHING

## **THEORY: SSC2207: SPORTS PEDAGOGY**

MAY 2005

3 HOURS (100 MARKS)

### **INSTRUCTIONS**

Answer any four questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) Discuss and analyse the methods of sport teaching [15 marks]  
b) How can these methods be applied to any sporting activity? [10 marks]
2. What factors constitute the science and art of sports teaching? [25 marks]
3. a) Discuss the three stages of motor skill learning [15 marks]  
b) Make a lesson plan of any sport of your choice. In this plan you should state how you would develop the lesson from one stage to the other. [10 marks]
4. Discuss how an effective evaluation of any sport program may enhance the performance of sport. In your answer state what exactly you would use for evaluation. [25 marks]
5. Critically discuss the different forms of teaching. [25 marks]
6. List and discuss the pedagogical qualities that sport pedagogues must possess. [25 marks]

**END OF EXAMINATION QUESTION PAPER**