

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC2214

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC2214: SPORTS SPECIALITY MODULE - TENNIS

MAY 2011

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) Outline factors to consider in order to improve the game of tennis to reasonable standards [10 marks]
- b) Outline the philosophy of Mini-Tennis. [15 marks]
2. a) What are the advantages and disadvantages of static progression? [10 marks]
- b) Describe the stages used for beginners to progress in tennis. [15 marks]
3. Outline the two ways of running a Round Robin tournament. [25 marks]
4. a) Outline the general consideration when you are structuring appropriate teaching formations and drills. [15 marks]
- b) Outline the checklist for evaluation of drills. [10 marks]
5. a) Describe what corrections can be done on the following errors on groundstroke:-
 - i) Poor preparation. [5 marks]
 - ii) Tracking. [5 marks]
 - iii) Grip change. [5 marks]
 - iv) Poor ready position. [5 marks]
 - v) Movement. [5 marks]
6. Outline the simple principles of strategy and tactics for single play. [25 marks]

END OF EXAMINATION