

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC4215

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC4215: SPORTS SPECIALITY MODULE - SOCCER

MAY 2012

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

- 1) Design drills for developing game intelligence in footballers. [25 marks]
- 2) Discuss the principles of play in football. [25marks]
- 3) Analyse the weaknesses of teams using:-
 - a) 4-5-1 against 4-3-3.
 - b) 4-4-2 against 3-4-3.
 - c) 3-5-2 against 5-3-2. [25 marks]
- 4) a) What are the critical times in football? [3 marks]
b) Describe the three moments in football. [9 marks]
c) Discuss factors affecting team success in major international competitions. [13 marks]
- 5) Design a coaching session plan for developing an attacking player in the hole. [25 marks]
- 6) Discuss the general guidelines for coaching that you will observe when dealing with footballers. [25 marks]

END OF EXAMINATION