# NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC1106

# FACULTY OF APPLIED SCIENCES BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS DEPARTMENT OF SPORTS SCIENCE AND COACHING

# THEORY: SSC1106: SPORTS HISTORY AND OLYMPISM

FEBRUARY 2010

3 HOURS (100 MARKS)

### **INSTRUCTIONS**

Answer **four** questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large, clearly labeled diagrams.

1.	Outline the major historical developments of sport and Physical Education in Zimbabwe from colonial era to post independence period.	(25 marks)
2.	Analyse factors that have affected the development of Physical Education and sport in Zimbabwe.	(25 marks)
3.	a) Write notes on the following:- i) Sports ii) Play iii) Games	(5 marks) (5 marks) (5 marks)
	b) Discuss physical activity in Ancient Sparta and Athens.	(10 marks)
4.	Discuss concepts of 'gamesmanship and fair play'.	(25 marks)
5.	Outline the fundamental principles of Olympism.	(25 marks)
6.	Write notes on the following:- i) Sports for all ii) Culture and Olympism iii) The Olympic truce iv) Sport for human development v) Arbitration and dispute resolution	(5 marks) (5 marks) (5 marks) (5 marks) (5 marks)

### **END OF EXAMINATION**