

# NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC1106

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

**THEORY: SSC1106: SPORTS HISTORY AND OLYMPISM**

JANUARY 2011

3 HOURS (100 MARKS)

## **INSTRUCTIONS**

Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) Discuss the main role of sport and physical education in ancient cultures. [5 marks]
- b) In what context were games, physical training and dance practised in ancient societies? [5 marks]
- c) Which games and sports of ancient origin are still popular? [5 marks]
- d) In what ways do ancient sports differ from modern sports? [10 marks]
2. Compare and contrast sport contests and games in Ancient Greece and Rome. [25 marks]
- 3) What was the role of physical education in:-
  - a) Athens? [5 marks]
  - b) Sparta? [5 marks]
  - c) Which ball games were played by the Ancient Greeks? [5 marks]
  - d) What values did they see in these ball games? [5 marks]
  - e) What influence did Alexander the great have on the growth of ball games? [5 marks]
4. Describe the pastime physical activities among the peasants in the middle ages. [25 marks]
5. What were the most influential factors in the development of sport in Africa, particularly in Zimbabwe. [25 marks]
6. Give a comparative view of the sports policy and promotion in the United Kingdom and Zimbabwe. [25 marks]

**END OF EXAMINATION**