

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC2214

FACULTY OF APPLIED SCIENCES
BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS
DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC2214: SPORTS SPECIALITY MODULE (TENNIS)

MAY 2005

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer 4 questions only Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in square brackets.

1. a) Outline the elements of a group individual lesson in tennis. [9 marks]
b) Outline the requirements for a tennis coach when preparing a lesson. [16 marks]
2. Outline and discuss the strategy and tactics for doubles. [25 marks]
3. a) Describe the different ways used to adapt different drills in tennis. [10 marks]
b) Explain how observation and feedback are used on the exercise or drill. [15 marks]
4. Outline the elements of a technical diagnosis in tennis. [25 marks]
5. What are the correction techniques for a serve? [25 marks]
6. Outline and describe at typical service progressions. [25 marks]

END OF EXAM QUESTION PAPER