

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC2205

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC2205: THEORY AND METHODOLOGY OF PHYSICAL EDUCATION

MAY 2005

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer any four questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) According to modern western standards, which are the positive and negative values that can be ascribed to Ancient Greek athletics? (15 marks)
b) Discuss what modern societies can learn from Ancient Greek Physical Education and Sport? [10 marks]
2. Critically analyse the Nziramasanga Commission Report on Sports and Physical Education under the following sub-headings:
 - (i) Current situation. [5 marks]
 - (ii) Findings [5 marks]
 - (iii) Comments [5 marks]
 - (iv) Challenges [5 marks]
 - (v) Recommendations [5 marks]
3. a) What is Adapted Physical Education? [5 marks]
b) Design a Physical Education Programme clearly showing Adapted Physical Education activities that you could do in your college or community to cater for the blind, deaf, mentally disabled and physically disabled people. [20 marks]
4. a) Define the terms negligence, liability and litigation. (3 marks)
b) During an athletic event a student is hit by a bottle thrown from a crowd of spectators. What is likely to be the court's decision in terms of negligence and liability? [10 marks]
c) Select a sport whose facilities and equipment you are very familiar with. List the specifically dangerous conditions that in the event of an injury, would likely result in legal liability. [12 marks]
5. a) Which are Mosston's four assertions based on his spectrum of teaching styles? (12 marks)
b) Make brief notes on Mosston's three main stages of decision-making involved in the Physical Education teaching process. (13 marks)

6. Complete the following table on styles of teaching physical education.

STYLE	ESSENTIAL CHARACTERISTICS	LIKELY OBJECTIVES	FOCUS
COMMAND [5 marks]	1..... 2.....	1..... 2.....	1.....
PRACTICE [5 marks]	1..... 2.....	1..... 2.....	1.....
RECIPROCAL [5 marks]	1..... 2.....	1..... 2.....	1.....
SELF-CHECK [5 marks]	1..... 2.....	1..... 2.....	1.....
GUIDED DISCOVERY [5 marks]	1..... 2.....	1..... 2.....	1.....

END OF EXAMINATION QUESTION PAPER