

NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC2215

FACULTY OF APPLIED SCIENCES
BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS
DEPARTMENT OF SPORTS SCIENCE AND COACHING
THEORY: SSC2215: SPORTS SPECIALITY MODULE (SOCCER)

MAY 2005

3 HOURS (100 MARKS)

INSTRUCTIONS

Answer any four questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1. a) Outline the role of the coach as a facilitator and as a role model. (10 marks)
b) Outline the main characteristics you as a coach will be required to understand for each of the following age groups.
(i) U10
(ii) U12
(iii)U15 [15 marks]
2. Consider the following expression: "The game is a great teacher".
a) Explain how players learn from it? [10 marks]
b) Explain what to give the players from it? [15 marks]
3. As a coach describe the requirements of how to teach the game of soccer? [25 marks]
4. a) Outline the four pillars of soccer and their brief characteristics. (10 marks)
b) Choose any two of the four pillars in 4(a) and describe all the parameters of each of their characteristics. [15 marks]
5. Outline how you would do a game analysis of your own team for both offensive and defensive. [13 marks]
6. Briefly describe and explain the following goalkeeping techniques.
(i) Stance [5 marks]
(ii) Footwork [8 marks]
(iii) Handling [12 marks]

END OF EXAMINATION QUESTION PAPER