NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC4115

FACULTY OF APPLIED SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE EXAMINATIONS

DEPARTMENT OF SPORTS SCIENCE AND COACHING

THEORY: SSC4115: SPORTS SPECIALITY MODULE - SOCCER

JANUARY 2011

3 HOURS (100 MARKS)

INSTRUCTIONS
Answer 4 questions only. Each question carries 25 marks. Where a question contains subdivisions, the mark value for each subdivision is given in brackets. Illustrate your answer where appropriate with large clearly labeled diagrams.

1) Discuss the attacking and defensive principles in football.   [25 marks]

2) a)   Outline the objectives of match analysis in football.   [10 marks]

   b)   Give an account of football match analysis guidelines showing how these
            can be used in sports practice.   [15 marks]

3) a)   "The best formation in football is one that suits the best available players."
            i)   What is a formation?   [3 marks]
            ii)   What criteria do football coaches use to choose a formation? [5 marks]

   b)   Explain the following tactical aspects of football;
            i)   making use of negative space.   [3 marks]
            ii)   beating the offside trap.   [3 marks]

   c)   Outline guidelines for designing early pre-season and in-season training
            programme.   [11 marks]

4) a)   According to FIFA statutes on football players' status and transfer:
            i)   What is the difference between a professional and amateur player. [3 marks]
            ii)   What are the rules for reacquisition of amateur status and
                     termination of activity?   [4 marks]

   b)   Outline rules that guide registration of players.   [9 marks]

   c)   With reference to FIFA statutes what are the likely consequences
            of the current match fixing allegations for Zimbabwean football
            players and administrators, if found guilty.   [9 marks]

5)   Discuss tactical arrangements of in-field footballers under the following
        departments;
        i)   Defence.   [8 marks]
        ii)   Midfield.   [9 marks]
        iii)   Strikers.   [8 marks]

6)   a)   Draw a plan of football drills that can be used to prepare defenders
                and midfielders in a 4-4-2 formation.   [15 marks]

        b)   State the advantages and disadvantages of the 4-4-2 formation.   [10 marks]

END OF EXAMINATION