



NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY

SSC2126

FACULTY OF APPLIED SCIENCES

DEPARTMENT OF SPORTS SCIENCE AND COACHING

**CONVENTIONAL/BLOCK RELEASE PROGRAMME**

SSC2126: NETBALL

**EXAMINATION QUESTION PAPER**

**DECEMBER 2024**

This examination question paper consists of 2 pages

TIME ALLOWED: 3 HOURS  
TOTAL MARKS: 100  
SPECIAL REQUIREMENTS: NIL  
EXAMINER'S NAME: MRS P MASAGA

INSTRUCTIONS

- 1) Answer any 4 questions.
- 2) Each question carries 25 marks.
- 3) Where a question contains subdivisions, the mark value for each subdivision is given in brackets.

MARK ALLOCATION

QUESTION	MARKS
1.	25
2.	25
3.	25
4.	25
5.	25
6.	25
TOTAL	100

1. "Trace the development of netball from its inception in 1901 to its current global status. Discuss the impact of International Federation of Women's Netball Associations (IFNA), and significant tournaments." (25 marks)
2. Discuss the common types, causes, and prevention strategies for injuries affecting netball players, focusing on ankle sprains, knee ligament sprains, and shoulder injuries (25 marks)
3. Describe the essential equipment used in netball, explaining their functions, safety considerations and maintenance requirements (25 marks)
4.
  - i. Identify and describe three potential safeguarding risks in netball. (5 marks)
  - ii. Outline procedures for reporting suspected child abuse in netball. (10 marks)
  - iii. Discuss strategies for creating a safe and inclusive netball environment. (10marks)
5. Explain the sanctions and stoppages applied in netball, focusing on major and minor infringements, free passes, penalty passes and penalty spots." (25 marks)
6. Write short notes on the following types of passes used during a netball game
  - a. Chest Pass (5 marks)
  - b. Bounce Pass (5 marks)
  - c. Shoulder Pass (5 marks)
  - d. Lob Pass (5 marks)
  - e. Overhead Pass (5 marks)

**END OF EXAMINATION**